



The Elizabeth Hospice

Support Group Calendar 2016

Our professionally trained Counselors and Volunteer Peer Support Facilitators are dedicated to helping families and individuals who are grieving. There is no fee or reservation needed to attend. For more information, location and updates, call 800-797-2050 or email us at CCEvent@ehospice.org.

General Grief and Loss Groups		
Topic/Location	Date/Time	Facilitator Contact
Miramar Area – Unity Center 8999 Activity Road, San Diego 92126	1st and 3rd Thursdays 6:30pm – 8:00pm	Taska Dobson 760-737-2050 x 3113 Liz Bohn 760-737-2050 x 3570
Point Loma – Liberty Station 2820 Roosevelt Rd., # 200, San Diego 92106	1st and 3rd Tuesdays 6:30pm – 8:00pm	Taska Dobson 760-737-2050 x 3113 Monica Woodruff 760-796-3798 x 3106
Escondido – Center for Compassionate Care 930 Canterbury Place, Escondido 92025	1st and 3rd Thursdays 10:30am – 12:00pm	Liz Bohn 760-737-2050 x 3570 Monica Woodruff 760-796-3798 x 3106
Carlsbad – Center for Compassionate Care 5938 Priestly Dr., Carlsbad 92008	1st and 3rd Tuesdays 10:30am – 12:00pm	Monique Thompson 760-737-2050x3536 Liz Bohn 760-737-2050 x 3570
Support Groups Uniquely Designed for		
Grupo de habla Español -*UPAC “ACE” Program 5348 University Ave., # 202 San Diego 92105	1st y 3rd el Lunes 5:30pm – 7:00pm	Bevelynn Bravo 619-708-4220 (después de la 5:00pm – 8:00pm 1-800-223-9548)
Violent Loss – Liberty Station 2820 Roosevelt Rd., # 200 San Diego 92106	2nd and 4th Tuesdays 6:30pm – 8:00pm	Melissa Lunardini 760-796-3705
Bereaved Parents – Carlsbad 5938 Priestly Drive Carlsbad 92008	2nd and 4th Wednesdays 6:00pm – 8:00pm	Kathlyne Barnum 760-737-2050 x 2105 Katie Militello 760-737-2050 x 3107
Lullabies Lost – Escondido Death of a baby due to miscarriage, stillbirth, infant death, or S.I.D.S. 930 Canterbury Place Escondido 92025	2nd and 4th Tuesdays 6:30pm – 8:30pm	Katie Militello 760-737-2050 x 3107
Child Loss – Liberty Station 2820 Roosevelt Rd., # 200 San Diego 92106	Thursdays 6:30pm – 8:00pm	Melissa Lunardini 760-796-3705
Moms Who Have Lost Children-Liberty Station 2820 Roosevelt Rd., # 200 San Diego 92106	2nd and 4th Mondays 6:30pm – 8:00pm	Melissa Lunardini 760-796-3705

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Children, Teens and Those Who Love Them

Topic/Location	Date/Time	Facilitator Contact
The Littles – (ages 5 – 7) - Liberty Station 2820 Roosevelt Rd., # 200 San Diego 92106	1st and 3rd Saturdays 10:30am – 11:15am	Taska Dobson 760-737-2050 x 3113 Kayoko Asai 760-737-2050 x 3169 Monique Thompson 760-737-2050 x 3563
Elementary Age (ages 6-12) - Liberty Station & Concurrent Adult Group 2820 Roosevelt Rd., # 200 San Diego 92106	Alternating Wednesdays 6:30pm – 8:00pm	Call to pre-register and for information Melissa Lunardini 760-796-3705
Teen Group (ages 13-18) - Liberty Station & Concurrent Adult Group 2820 Roosevelt Rd., # 200 San Diego 92106	Alternating Wednesdays 6:30pm – 8:00pm	Call to pre-register and for information Melissa Lunardini 760-796-3705
High School Group (ages 14-18) – Escondido 930 Canterbury Place Escondido 92025	1st and 3rd Tuesdays 7:00pm – 8:30pm	Call to pre-register and for information Katie Militello 760-737-2050 x 3107 Sarah Tippit 760-737-2050 x 3182
Elementary, Middle and High School campuses throughout San Diego and the Inland Empire	As requested	For information on school-based programs, call Melissa Lunardini 760-796-3705

Alzheimer's Grief and Caregiver Support Groups

Life After Alzheimer's – Kearny Mesa Grief Support Group** 6632 Convoy Court San Diego 92111	4th Wednesday 2:30pm – 4:00pm	Sarah Tippit 760-737-2050 x 3182
Caregiver Support Group (for active caregivers) ActivCare – Mission Bay 2440 Grand Avenue San Diego 92109	2nd Tuesday 5:30pm – 7:00pm	Vanessa Overton 760-737-2050 x3560 Ken Cunningham 760-737-2050 x3105
Caregiver Support Group (for active caregivers)** ActivCare at Bressi Ranch (free respite care) 6255 Nygaard St. Carlsbad 92009	2nd Tuesday 10:00am – 11:30am	Cheryl Smith 760-737-2050 x3557

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