

**Nurses at the Dying Bedside
– A COVID Response:
3-Part Webinar Series**



PRESENTER:
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PRESENTER:
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Nurses providing care at the bedside during COVID-19, NEED brief curated resources for patient care and self-care, and a PRAXIS for reducing disparate outcomes.

NEED:

- Healthcare system unprepared for COVID-19
- Rapid spread tremendous strain on nurses
- Aggressive symptom management education gap
- Providing end-of-life care without support or direct family involvement
- Triggers for moral distress and trauma
- Unacceptable disparities in infection and death rates for BIPOC persons & in LTCF



<https://www.theguardian.com/us-news/series/lost-on-the-frontline>

INTERVENTION:

- 3 Webinars
- Free of cost
- Promoted nationally

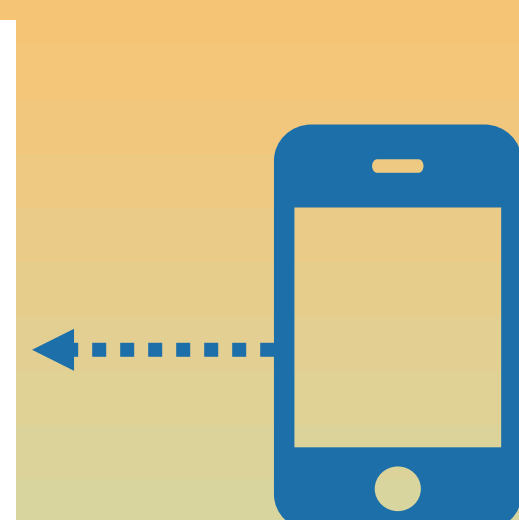
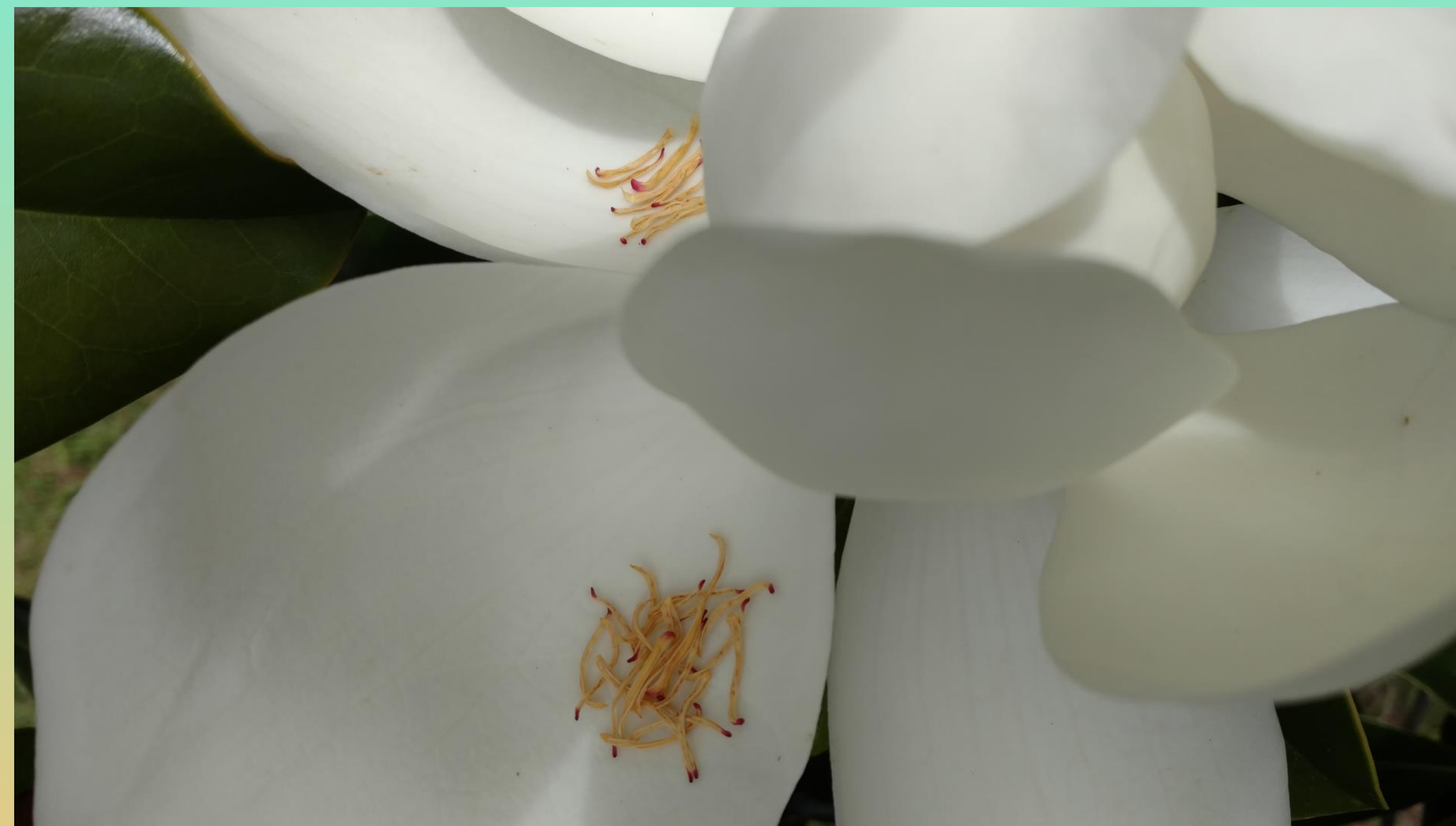
TARGET AUDIENCE:

Experienced, and new frontline nurses and nursing students

Webinar 1: Do one, do one – Learning about caring for dying patients by caring for dying patients

Webinar 2: Moral distress, trauma and self-care – Understanding our experiences and how those influence our nursing

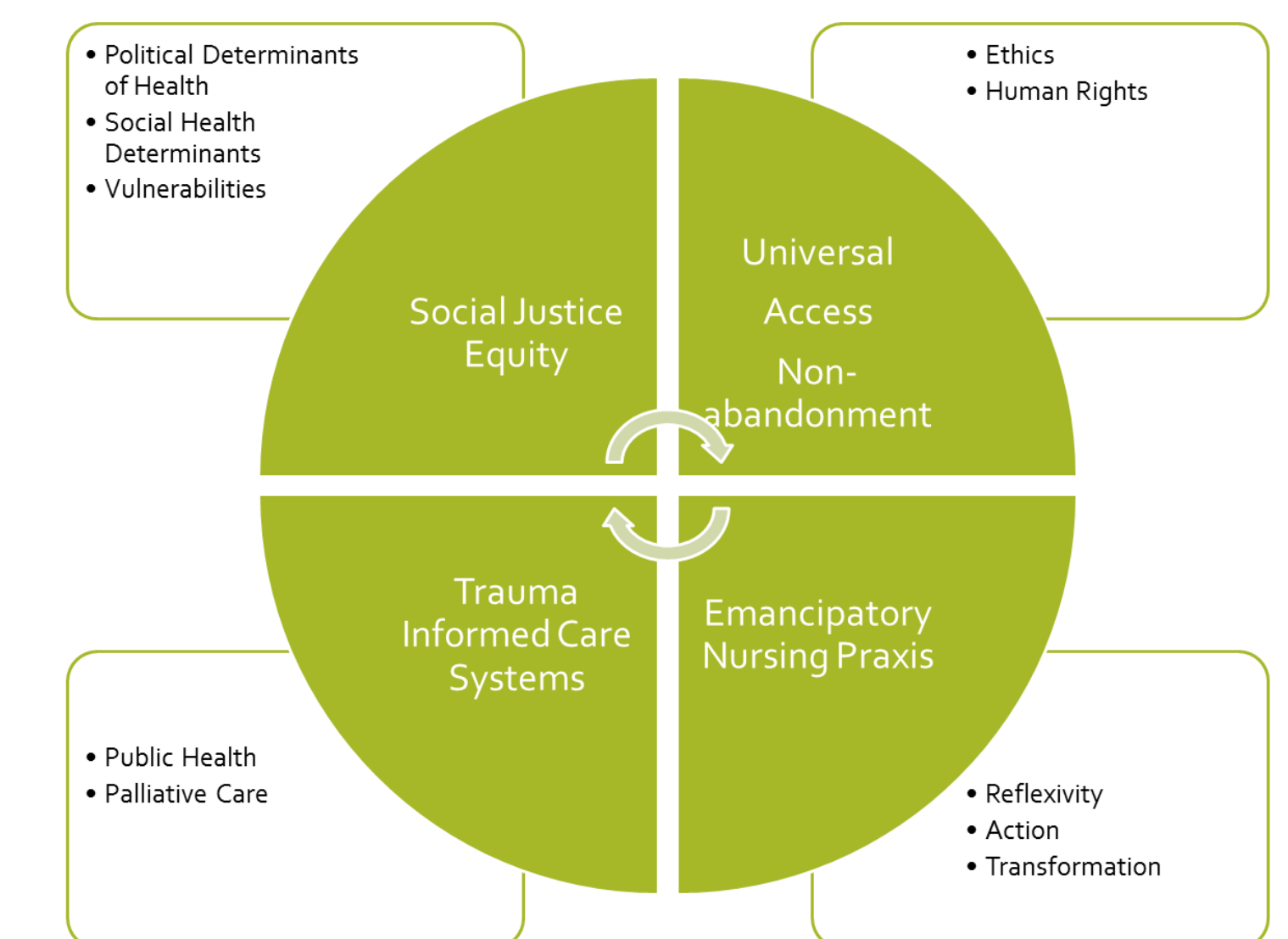
Webinar 3: The social justice imperative for COVID-19



Take a picture to access and share the webinars!!

TOPICAL CONTENT:

- Acute dyspnea, chest pain, nausea/vomiting, anxiety, delirium resources
- Remote support of families
- Psychosocial needs
- Interdisciplinary collaboration
- Preparing for death
- Ventilator weaning and extubation
- Post-mortem care
- Understanding moral distress
- Acknowledging global trauma
- Transforming suffering and trauma
- Making space for mindfulness
- Social justice assumptions, definitions, context
- Racial inequities in COVID-19
- Ablism, agism and long-term care facilities
- Medication shortages and price gauging
- Social determinants of health
- Inadequate palliative care access
- Case for universal healthcare and a palliative public health approach
- Proposed knowledge and action framework:



PARTICIPANT FEEDBACK:

Knowledge gains in symptoms and EOL care, COVID trauma, transformative self-care, contextual aspects of COVID-19 social justice, trauma-informed perspective on social justice and palliative care access. High satisfaction, and overall ratings excellent & very good.

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