

## **Palliative Care Education in Monterey County: Perspectives of Healthcare Providers**

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### **Background**

This study examined palliative education and training needs for Monterey County, CA, a largely rural Latino community. This study assessed healthcare providers' interest in and needs for palliative care education and training.

### **Methods**

Data was collected through a 28-item survey developed by the team and pre-tested with 11 providers for clinical sensibility. The survey was electronically distributed to a broad array of regional healthcare providers.

# **Our Healthcare Providers want:**



## **Training on Cultural Humility & Communication Strategies**

**Funding support provided by:**

### **Results/findings**

87 Respondents: 44% RN; 30% MD; 76.3% White; 25% Latino; 8.4% fluent in Spanish; 45.1% practice in the hospital; 87.95% interested in palliative care education/ training.

Providers indicated a strong interest in short, inexpensive training options that allow them to increase their **palliative care skill set** in:

- **cultural humility;**
- **communication;**
- pain/symptoms management, and
- advance care planning.

### **Conclusions**

Next steps: 1) Develop and pilot an engaging educational intervention that centers on cultural humility and effective communication strategies; 2) Explore ways to promote existing self-paced and instructor-led palliative care education to local providers; 3) Develop a strategy to instill palliative care fundamentals among providers primarily through interprofessional education during their training.

Our hope is that by meeting the palliative educational needs of local providers, we may improve equitable access to culturally and linguistically competent palliative care for this diverse population.

